



Do you look after someone with dementia? Specialist information is now available for **YOU**

EAST BRIDGFORD MEDICAL CENTRE AND RADFORD CARE GROUP

are pleased to announce a new Programme for carers of those with dementia.
Taking place from **Wednesday 17th October – Wednesday 28th November 2018.**

2.00 pm – 4.00 pm

AT

**East Bridgford Medical Centre
2 Butt Lane East Bridgford NG13 8NY**

Making Sense of Dementia

What carers need to know

This programme of special support sessions for carers of people with dementia will give an improved understanding of all aspects of dementia.

This 'free' seven week programme has experts guiding the group and also offers mutual support from other carers, refreshments and a chance to get your questions answered in a relaxed and informal setting.

Help with respite care may also be available.

For more information or to reserve a place please contact Bev Pearson on **07745 956880** or email bev.pearson@radfordcaregroup.org.uk

Or contact East Bridgford Medical Centre on **01949 20216**